



Consular Office of Japan and
City of Portland
Present

Lessons from a Super-Aging Society

Japan's Smart Approach to the "100-year Life"
Free Online Event March 16th at 5PM(PDT)



A Learning Packet

Webinar video:

<https://www.pdx.edu/center-for-public-service/age-friendly>

Professor Akiyama's presentation PDF: [here](#)

Background information on Dr. Akiyama's work in Japan:

- Research plan Toyoshikidai area of Kashiwa City (in Japanese only):
<http://www.iog.u-tokyo.ac.jp/project/toyoshikidai-pj/>
- AARP write-up (in English):
[Intergenerational Housing at Scale: Lessons from Japan \(aarp.org\)](https://www.aarp.org/intergenerational-housing-at-scale-lessons-from-japan/)

Kamakura Living Lab:

- [Write-up by Dr. Akiyama](#) (in Japanese only)

Learn more about Age-Friendly Center initiatives in Portland

[20 minute video](#) by Dr. Alan DeLaTorre

A Story Behind the Scene of this event



This Age-Friendly Portland Brainstorming Team has been meeting since March 2021 to discuss Portland's

Age-Friendly Neighborhood Centers initiatives. In 2006, the Institute on Aging (IOA) at PSU was invited by the World Health Organization (WHO) to become a part of its Global Age-Friendly Cities Project. Since that time, Portland has been looking ahead to make the City and region a better place to grow up and grow old.

Dr. Alan DeLaTorre, the Portland Bureau of Planning and Sustainability's (BPS) Age-Friendly City program manager, has been involved in this project since its inception, initially as a student and faculty member at PSU, and now through his work at the City of Portland. He is committed to making this important subject more visible and co-creating future actions in Portland with a diverse set of community members and stakeholders.

Mr. Sato from the Consular Office of Japan in Portland has been playing a critical role in this project. He has connected the Center for Public Service (CPS), Alan, and BPS to well known scholars and practitioners in Japan who are leading the super aging society initiatives. Japan is 20 to 30 years ahead of the U.S. in terms of knowledge and experiences in addressing an aging society, so these connections will bring important know-how and best practices to Portland.

Mr. Dan Bihn (Senior Fellow of the Center for Public Service, PSU), brings expertise in sustainable and renewable energy perspectives to this team. He is a connector who understands technical aspects of renewable energy and has the ability to explain in a way that most people can understand. Dan is guiding this team in approaches to advancing the Age-Friendly Portland initiative to address the climate change issues.

Mr. Eiji Toda (graduate student in the Master of Urban and Regional Planning/Master of Public Health dual degree program, PSU) joined this team very recently. He studied Social and Behavioral Science at Soka University of America, CA and focused on [Dementia-Friendly Urban Design](#). Eiji will provide his bicultural knowledge and experience for this team.

Ms. Yachi Iisako is the International Program Manager and Director of First Stop Portland Program at the Center for Public Service. She is involved in developing many international leadership training programs for people who are in public and nonprofit organizations.

Webinar Speaker and Panelists Information

Main Speaker



Professor Akiyama, a gerontologist, is a professor emerita at the University of Tokyo and the former vice president of the Science Council of Japan. Professor Akiyama has conducted a number of cross-national surveys and is widely recognized as an expert on issues of global aging. She is known for her long-running research on the elderly in Japan—tracking the aging patterns of approximately 6,000 Japanese elderly over 30 years. She also initiated social experiment projects that pioneered re-design communities to meet the needs of the highly aged society, and more recently Kamakura Living Lab, a platform for open

innovation by co-creation among users, industry, government and academia. She started the Institute of Gerontology at University of Tokyo in 2006. Professor Akiyama received Ph.D. in psychology from University of Illinois.

Panelists



Dr. Alan DeLaTorre has been involved in making Portland livable for people of all ages and abilities since he moved to the region in 2002. He completed his doctorate at Portland State University in Urban Studies and is a self-described “urban gerontologist”. Dr. DeLaTorre has been involved in the local age-friendly efforts since 2006 and spent 10 years as faculty in PSU’s Institute on Aging where he taught and conducted research pertaining to age-friendly housing and environments. In December 2019, Alan joined the Bureau of Planning and Sustainability to manage Portland’s Age-Friendly City program.

The Age-friendly City program aims to make Portland a great place to grow up and grow old, through collaborations with local government, community-based organizations, and with the community. In 2022, a new Age- and Ability-friendly Neighborhood Centers program will be launched with the goal of creating an action plan for making Portland’s neighborhoods and urban centers good places to grow up and grow old.

Professor Margaret B. Neal



Dr. Margaret Neal is a professor and director emerita from Portland State University’s Institute on Aging. Dr. Neal is the founder of the age-friendly Portland initiative, serves as Portland’s point of contact for the U.S. and global age-friendly networks, and is an expert in age-friendly program development and family caregiving; she also leads Portland’s Age-Friendly Employment and Economic Development Committee. Dr. Neal co-organized a keynote session at the [International Association of Gerontology and Geriatrics in 2017](#), titled *Where We Grow Old: Environmental Perspectives*, where she presented alongside Dr. Akiyama.